**Summer Nutrition Program**

***Meal Time Rules***

1. We always wash our hands before touching or eating our food.
2. All food items are to be eaten at the designated snack and breakfast areas *only. Do not* share your food with your friends.
3. Meals will be served during the following times:
   * 1. Breakfast: Start \_\_\_ End \_\_\_\_\_\_
     2. Lunch: Start \_\_\_ End \_\_\_\_\_\_
     3. Snack: Start \_\_\_ End \_\_\_\_\_\_
4. All food items are only available for qualified summer participants.
5. We always tidy up after ourselves and leave our food areas clean.
6. All participants will be respectful towards others and follow directions from Summer Program Leaders at all times.
7. Seconds may be available please consult with the Summer Program Staff.
8. Try to taste “new” foods and have fun!
9. Under our special funding from the county, qualified members of participant’s families are able to eat at this site.

**Nondiscrimination Statement:**

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this agency is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights,   
Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410, or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Thank you for your cooperation. If you have any questions or need assistance, please contact the Office of Civil Rights.