

Kids Care Fest

7TH ANNUAL Kids Care Fest

Saturday, September 20

9:00 am – 2:00 pm

Briercrest Park and Grossmont Healthcare District
9001 Wakarusa Street, La Mesa

A FREE event for kids and parents

- health information
- health screenings
- fun zone
- art activities
- children's fingerprinting
- meet fire & police

Event is presented in partnership with the City of La Mesa, Grossmont Healthcare District, and La Mesa Park & Recreation Foundation

For additional details go to
www.cityoflamesa.com
www.grossmonthhealthcare.org
or call 619.825.5050



A Program of the Institute for Local Government

ENROLLMENT OPPORTUNITY

Health plan representatives will be available at Kids Care Fest to answer your questions and assist with the application process for children eligible for California Healthy Families and Medi-Cal for Families. To determine if you are eligible call 1.800.880.5305.

Avoid long waits at the event and make an appointment through the Community Services office 619.667.1300.

If you wish to enroll at the event you will need to bring the following items:

- Proof of income (check, pay stub, or tax return) dated within the last 45 days for each person in the home with income
- Proof of California residency (utility bill, rent receipt, CA driver's license or ID card)
- Birth certificate or proof of immigration status for each child
- Social Security Number for each child
- Documentation of child support or alimony (paid or received), Social Security income, or disability payments if you have any

SUN VALLEY GOLF COURSE

5080 Memorial Dr., La Mesa, CA 91941

7:00 am to dark Mon – Fri

6:30 am to dark Weekends

Adults \$10 for 9 holes \$14 for 18 holes
Students \$6 for 9 holes \$10 for 18 holes
(includes college with valid student ID)

Clinics, lessons, and special programs are available.

For details go to
www.sunvalleygolfclub.com
or call 619.466.6102

Do you have questions about your medications? BRING THEM TO US!

Meet the Pharmacist & Senior Health Fair
Thursday, Sept. 18, 2008

9:00 am – 12:00 pm

John A. Davis
Family YMCA
8881 Dallas St.
La Mesa 91942



Local pharmacists will be available to review your prescriptions, over-the-counter medications, vitamins, and supplements. Also enjoy a continental breakfast, health presentations, exhibitor fair, opportunity drawings, health screenings, and preview exercise classes.

For reservations call after August 25th
1.877.926.8330