



5th Annual Luncheon Symposium *Local Leaders Creating Healthy Neighborhoods for All*
Thursday September 17, 2009

Annual Symposium Trivia Quiz
(To be completed by the whole table)

1. People who live in sprawling neighborhoods walk _____ than those who live in more dense neighborhoods.
 - A. More
 - B. Less
 - C. The Same

2. The average person takes _____ steps per mile.
 - A. 1,000
 - B. 2,000
 - C. 3,000
 - D. 4,000

3. 41% of all trips made in the US are shorter than 2 miles, and 28% of trips are shorter than 1 mile. Americans use their cars for ____ of trips up to 1 mile long.
 - A. 45%
 - B. 52%
 - C. 66%
 - D. 89%

4. Parents driving _____ comprise 20-30% of morning traffic congestion in urban areas.
 - A. To get their morning latte
 - B. To the gas station
 - C. Children to school
 - D. Too fast to work

5. Separation of land uses into residential, commercial, and industrial zones _____ travel distances.
 - A. Increases
 - B. Decreases
 - C. Has no effect on

(please see reverse for more)

6. Consumers shown photos of retail streets with and without trees indicated that they were willing to pay nearly _____ more to shop on streets lined with trees than on treeless ones.
- A. 5%
 - B. 7%
 - C. 10%
 - D. 12%
7. Each daily additional hour spent in a car is associated with a _____ increase in the likelihood of obesity.
- A. 6%
 - B. 4%
 - C. 20%
 - D. 34%
8. Traffic-calming measures and policy changes at the local level can increase pedestrian and bicycle travel. Traffic calming can be accomplished through:
- A. Having drivers play soothing music while stuck in traffic
 - B. Breathing exercises
 - C. Islands, bends, humps, and roundabouts
 - D. Widening streets and limiting bicycle travel to sidewalks

BONUS

9. Americans who use transit spend a median of _____ minutes walking to and from transit daily.
- A. 14
 - B. 19
 - C. 24
 - D. 28

Submitted by Table # _____

Please see the answer sheet for a complete list of references. The answer sheet will be handed out after the quizzes have been collected and scored.