Summer at City Hall Program

First date: \_\_\_/\_\_\_/\_\_\_

Last date: \_\_\_/\_\_\_/\_\_\_

Participant Self-Assessment

**Your Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Date of Birth:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please rate yourself 1-4 on each of the items listed in the chart below. Use the descriptions in each box to figure out where you rate yourself. Record the number of the rating in the correct score box to the right. If the question does not apply to you or if you don’t know how to rate yourself, put a “0” in the score box.

| **ITEM** | **RATING** | | | | | **Before**  **S@CH** | **Post-S@CH** | **Post-Camp** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **I’m Doing Great!**  **1** | **I’m Doing Well**  **2** | **This is OK for Me**  **3** | **I Need Support**  **4** | **I Don’t Know**  **0** |
| ***Workforce Readiness*** | Ready to Work! Resume completed;  Search underway;  Interview(s) scheduled | Completed employment prep training; Practiced interviewing; ready to work; working part-time | Willing and able to work;  Want to develop skills; not quite ready for part time or full time work | Want to remove barriers to work; learn what it takes to be employed | Not sure what it takes to be “ready for work” | (1) | (1) |  |
| ***Communication*** | I have learned how to be more specific in communication; I assess what I am communicating to others, and what is received from others; I know how to assess context | I like to exchange ideas with others, to talk things out; I am learning how to better communicate with eye contact; I practice active listening; I’ve learned new ways to address conflict | I understand there are different styles of communication; I also learned about different types of communication, like verbal, visual, non-verbal | Communication is all about being heard and me talking. I do not often follow directions or listen to others. | I don’t see any value in communicating with others. | (2) | (2) |  |
| ***Attitude*** | I am pretty positive about most things; I can bounce back from setbacks; I can tackle most challenges | I look for positive people in my life; I realize that challenges are also opportunities for change | I try to see things in a positive way, but sometimes it is just hard; life is unfair | I am negative about a lot of things in my personal life; I don’t really care about much; life sucks | I don’t know how to rate my attitude | (3) | (3) |  |
| ***Teamwork*** | I work as a team player, join in to complete tasks, and recognize the contributions of others. | I understand the value of teamwork; I’ve experienced some success in a team, a shared agenda and purpose, shared success. | I can work in a team, if necessary. I’m not sure how to figure out who does what; it is hard to be on a team | I prefer to work alone, to solve my problems my own way; I don’t really need others | I don’t know how to work in a team | (4) | (4) |  |
| ***Local Government & Citizenship*** | I vote in elections;  I can identify needs and resources;  I like to find and address issues that affect my school, my neighborhood | I understand more about what government is and does; I understand the democratic process, social capital, 3 types of citizenship | I attend community events, activities, meetings; I want my community to be better; I’m not too sure what I can do | I am not contributing in a positive way to my school or neighborhood; I have no idea what government does | Not sure what “citizenship” means | (5) | (5) |  |
| ***Research and Advocacy*** | I can identify and research an issue, use different research methods; develop and implement a plan; make recommendations, and reflect on the experience. | I know how to identify community problems or issues, strengths; I can assess root causes; I may not know how to get to solutions | I understand how to map community resources and features, a community web | I do not understand “research” or how to really define a social problem. And I really do not know where there are solutions. | It is a mystery to me! | (6) | (6) | (1) |  |
| ***Leadership*** | I provide vision, direction, and encouragement to others. I offer solutions to problems and accept accountability. I encourage differing opinions. | I understand concepts of leadership. I respect cultural and personal differences; I understand how knowledge is power. | I am starting to understand more about leadership, how youth can take action and be heard; I have met some community leaders or peer leaders | Leadership is for others; I’m more comfortable as a follower or a non-participant; I know a leader when I see one | I have no idea what it takes to be a leader. | (7) | (7) | (2) |  |
| ***Financial Literacy*** | I understand how to track my expenses and save money. I know about savings options, how to balance a checking account. | I can differentiate between wants vs. needs. I avoid excessive spending. I understand the importance of credit rating. | I am beginning to understand why budgeting is important, why people save money. | I have no experience with managing money; I spend it as I get it. | I have no familiarity with financial matters of any kind. | (8) | (8) | (3) |  |
| ***Goal Setting*** | I know how to set goals and plans, solve problems, make good decisions; I am planning for my future. | I can set goals for myself but I need help with the steps to reach my goals. | I am starting to value goals, planning, and decision-making. | I am pretty disorganized, I make poor decisions, and I do not know how to set and keep goals. | Why bother to set goals? | (9) | (9) | (4) |  |
| **Program Participation** | I participate with enthusiasm and look forward to applying what I am learning. | Keeping up with program activities and schedule is not easy; I value some parts of this program | I sometimes think I am getting something out of this program; I am relating to some of the people I’ve met | I dislike the program and the people I’ve met in the program; this is a waste of time for me | I don’t really know how to participate in this program | (10) | (10) | (5) |  |
| **Resourcefulness** | I know where to find help when I need it, and I know when and how to ask for positive support. | I am learning about ways to get positive support and to hook up to resources in the community | I need to learn how to ask for help, and where to find what I need, in appropriate ways | There is no way to get help unless I just figure it out on my own, which may require that I do something illegal | I have no idea where to find help when I need it | (11) | (11) | (6) |  |