

# Engaging Youth

**CATALOGUE OF ORGANIZATIONS AND  
RESOURCES IN THE SACRAMENTO AREA**

**Compiled by  
the Youth Services Provider Network**

Updated March 2007





## Introduction

This supplement to *Engaging Youth: A How-To Guide for Creating Opportunities for Young People to Participate, Lead and Succeed* lists organizations in the Sacramento area that provide opportunities for youth to be engaged in their communities. It also includes, for providers, a variety of resources for information and assistance in youth development and engagement.

Sierra Health Foundation's grant initiative, REACH: Connecting Communities and Youth for a Healthy Future, seeks to engage youth in a variety of contexts, including internships, service, social justice, and advocacy. A major part of the initiative focuses on expanding leadership opportunities for youth, the topic of Engaging Youth.

Download both the *Catalogue of Organizations and Resources in the Sacramento Area* and the report *Engaging Youth: A How-To Guide for Creating Opportunities for Young People to Participate, Lead and Succeed* at [www.sierrahealth.org/library/index.html](http://www.sierrahealth.org/library/index.html) or request a print copy at [reach@sierrahealth.org](mailto:reach@sierrahealth.org).

## Youth Organizations

### 4-H (Sacramento County)

Community-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

How are youth recruited? Advertising through schools and word of mouth

#### Contact Information

4145 Branch Center Rd.

Sacramento, CA 95827-3898

*Phone:* (916) 875-6811

*Fax:* (916) 875-6233

*Email:* mbird@ucdavis.edu

*Contact:* Marianne Bird, 4-H Youth Development Advisor

#### Type of leadership offered

Youth serve on adult board

All-youth advisory group – reports to adult board

Youth group/club – makes own decisions about its work

Leadership training: club officers are all youth

#### Participation Requirements

Age: 14 to be assistant project leaders

Citywide meetings

Anyone can attend and vote

#### Organization Goals/Purpose

The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

### Adopt-A-School Program

Community-Based Group

*Geography:* schools in the Sacramento area

*Frequency of meetings:* quarterly

#### Contact Information

[www.ssums.org/cscrf.asp](http://www.ssums.org/cscrf.asp)

5380 Elvas Ave. Suite 214

Sacramento, CA 95819

*Phone:* (916) 453-0254

*Fax:* (916) 453-0256

*Email:* kwallach@ssvms.org

*Contact:* Kristine Wallach, Program Manager

#### Organization Goals/Purpose

Places physician volunteers in schools to provide health and science instruction

# Alcohol and Drug Services Division (DHHS)

Community-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* weekly

*How are youth recruited?* referrals, self referrals, agencies, parents

## Contact Information

www.sacdhhs.com

7001A East Parkway Ste. 500

Sacramento, CA 95823

*Phone:* (916) 875-2050

*Fax:* (916) 875-2035

*Email:* AmbroseC@saccounty.net

*Contact:* Carla Ambrose, Youth Treatment Coordinator

## Type of leadership offered

Youth serve on adult board

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

Age: 12-20yrs

Other: Must have a problem with drugs or alcohol

## Organization Goals/Purpose

Promotes a healthy community and reduces the harmful effects associated with alcohol and drug use while remaining responsive to and reflective of the diversity among individual families and communities

# Arcade Creek Recreation & Park District

School-Based Group

*Geography:* residents of the park district & Oakdale Elementary population

*Frequency of meetings:* daily

## Contact Information

www.arcadecreekrecreationparkdist.com

4855 Hamilton St.

Sacramento, CA 95841

*Phone:* (916) 482-8377

*Fax:* (916) 483-1320

*Contact:* Beverly Ellingson, Sr. Recreation Leader

## Type of leadership offered

Leadership training

## Participation Requirements

Age: K-6 grade

At-risk youth

## Organization Goals/Purpose

Ensures quality support to help K-6 students become successful in school and in life. Provide recreation and leisure services to children, at-risk youth, teens, and adults.

# Arden Manor Recreation & Park District

Community-Based Group

*Geography:* N/A

*Frequency of meetings:* N/A

*How are youth recruited?* Flyers at school

## Contact Information

www.amrpd.org

1415 Rushden Dr.

Sacramento, CA 95864

*Phone:* (916) 487-7851

*Fax:* (916) 487-2028

*Email:* ducky4825@hotmail.com

*Contact:* Laura Scaglione, Program Manager

## Type of leadership offered

Youth serve on adult board

## Participation Requirements

Age: 5-12

School grade level: 1st-6th

## Organization Goals/Purpose

Allows children the opportunity to learn/ try traditional sports and become successful

# Boys & Girls Club of El Dorado Co. Western Slope

Community-Based Group

*Geography:* Western El Dorado County

*How are youth recruited?* Asked by staff, selected by youth, sign-up sheets

## Contact Information

www.bgce.org

P.O.Box 2535

Placerville, CA 95667

*Phone:* (530) 295-8019

*Fax:* (530) 344-0185

*Email:* joan@bgce.org

*Contact:* Joan Stek, Executive Director

## Type of leadership offered

Youth leadership group/club – youth members make own decisions about their work  
Torch & Keystone Clubs

## Participation Requirements

Age: 10-18

## Organization Goals/Purpose

Provides training in governance, community service and leadership

# Boys and Girls Club of Greater Sacramento

Community-Based Group

*Geography:* South Sacramento

*How are youth recruited?* Membership

## Contact Information

www.bgcsac.org

5212 Lemon Hill, Sacramento, CA

*Phone:* (916) 392-1350

*Fax:* (916) 392-1835

*Email:* kwilliams@bgcsac.org

*Contact:* Kim Williams, Chief Executive Officer

## Type of leadership offered

Character and Leadership Programs

## Participation Requirements

Age: 6-18

## Organization Goals/Purpose

Enables and inspires young children to reach their full potential

# Breathe California

Community-Based Group

*Geography:* Nine-county area surrounding Sacramento

*Frequency of meetings:* five times/year + committees and special events

*How are youth recruited?* Selected by youth

## Contact Information

www.sacbreathe.org

909 12th St.

Sacramento, CA 95814-2942

*Phone:* (916) 444-5864

*Fax:* (916) 444-6661

*Email:* smitchell@sacbreathe.org

*Contact:* Shelley Mitchell, Senior Program Manager, Youth Programs

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Leadership training

## Participation Requirements

Age: 14-21

Other: Past experience with Assoc. projects

## Organization Goals/Purpose

Expands youth involvement to enhance mission of clean air, healthy lungs, and the elimination of lung disease

# California Center for Civic Engagement and Youth Development

Community-Based Group (nonprofit/nonpartisan)

*Geography:* Statewide

## Contact Information

www.californiacenter.org

1220 H St., Suite #102

Sacramento, CA 95814

*Phone:* (916) 443-2229

*Fax:* (916) 443-2297

*Email:* muldavin@californiacenter.org

*Contact:* Jim Muldavin, Founder and Executive Director

## Type of leadership offered

Youth serve on adult board

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

Age: 12-20

## Organization Goals/Purpose

Identify, create and support opportunities for youth ages 12-20 (and their adult allies) to engage in local and statewide decision-making processes including research, education, planning, policy formulation, advocacy, evaluation, grantmaking and program implementation process, as well as participation alongside adults on boards, committees and commissions.

# California Youth Connection, Sacramento Chapter

*Geography:* Sacramento County

*Frequency of meetings:* twice per month

*How are youth recruited?* Open membership of current or former foster youth

## Contact Information

www.calyouthconn.org

717 K Street, Suite 432

Sacramento, CA 95814

*Phone:* (916) 442-5060 x22

*Fax:* (916) 444-3060

*Email:* jonathan@calyouthconn.org

*Contact:* Jonathan Pearson, North OutReach Coordinator

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

Age: 14-24

Other: current or former foster youth

## Organization Goals/Purpose

Supports current and emancipated foster youth to advocate for proposed or adopted legislative policy changes

# City of Sacramento Volunteer Program

Government-Based Group

*How are youth recruited?* Volunteer opportunities are posted through a variety of agencies and on the city's website.

## Contact Information

[www.cityofsacramento.org/volunteers](http://www.cityofsacramento.org/volunteers)

915 I Street, HCH 219

Sacramento, CA 95814

*Phone:* (916) 808-8317

*Fax:* (916) 808-1907

*Email:* [mperry@cityofsacramento.org](mailto:mperry@cityofsacramento.org)

*Contact:* Mary Lynn Perry, Volunteer Coordinator

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Leadership training

## Participation Requirements

Age: 12 or older

## Organization Goals/Purpose

City of Sacramento provides basic services (water, trash collection, fire and police protection) and amenities (parks, extensive recreation and cultural programs)

# City of Sacramento Youth Commission

Government-Based Group

*Geography:* Sacramento

*Frequency of meetings:* twice monthly

*How are youth recruited?* City Council

## Contact Information

[www.cityofsacramento.org](http://www.cityofsacramento.org)

5730 24th St.

Sacramento, CA 95822

*Phone:* (916) 808-4066

*Fax:* (916) 433-4071

*Email:* [crose@cityofsacramento.org](mailto:crose@cityofsacramento.org)

*Contact:* Cheryl Rose, Program Supervisor

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

Age: 14-19

Geography: Sacramento Citywide

## Organization Goals/Purpose

Represents youth issues in council districts

# Cornerstone Counseling Service and Education

Community-Based; Group Meetings, Diversion Program at Folsom State Prison

*Geography:* Sacramento area

*Frequency of meetings:* weekly

*How are youth recruited?* referred and interviewed

## Contact Information

www.cornerstonecsc.org

1001 6th St. suite 101/P.O. Bopx 232043

Sacramento, CA 95823

*Phone:* (916) 826-4981

*Fax:* (916) 391-6702

*Email:* c-stonecsc@sbcglobal.net

*Contact:* Raymond Lozada, Director

## Type of leadership offered

Youth group/club – makes own decisions about its work

Other: anger management, high-risk behavior

## Participation Requirements

Age: 12-17

At-risk youth

Parents dealing with at-risk youth

Geography: city of Sacramento

## Organization Goals/Purpose

Empower guardians; facilitate corrective behavior among youth; provide forums that address at-risk behavior; free training and consulting for organizations dealing with delinquency

# Cottage Housing INC./ SKYLAB

*Geography:* North Highlands

*Frequency of meetings:* 2 days weekly

## Contact Information

5624 Rafferty Ave.

North Highlands, CA 95652

*Phone:* (916) 283-5798

*Fax:* (916) 283-5797

*Email:* jimvetter@sbcglobal.net

*Contact:* Jim Vetter, Director

## Type of leadership offered

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

Age: 13-20

Geography: North Highlands

At-risk youth

## Organization Goals/Purpose

Accesses skills and support for the next generation of community leaders

# Crocker Art Museum

Community-Based Group

*Geography:* Sacramento region

*How are youth recruited?* Through partnerships with organizations that serve at-risk youth

## Contact Information

www.crockerartmuseum.org

216 O St.

Sacramento, CA

*Phone:* (916) 264-1961

*Fax:* (916) 264-7372

*Email:* emoore@cityofsacramento.org

*Contact:* Emma Moore, Education Programs Manager

## Participation Requirements

Age: 16+

## Organization Goals/Purpose

Promotes an awareness & appreciation for the human experience through art

# Drug and Alcohol Advisory Board

Government-Based Group

*Geography:* county

*Frequency of meetings:* monthly

*How are youth recruited?* by board

## Contact Information

7000 East Parkway

Sacramento, CA

*Phone:* (916) 875-2050

*Fax:*

*Contact:* Lisa Barber, Administrator of drug and alcohol division

## Type of leadership offered

Youth serve on adult board

## Participation Requirements

School grade level: high school

## Organization Goals/Purpose

Advises county on drug and alcohol services programs and policies

# Elk Grove USD

## Elk Grove Adult & Community Education

School-Based Group

*Geography:* South Sacramento/Valley Hi area of Elk Grove

*Frequency of meetings:* twice a month

*How are youth recruited?* Appointed by staff

### Contact Information

Sacramento Employment and Training Agency at Elk Grove USD

8401 A Gerber Rd

Sacramento, CA 95825

*Phone:* (916) 681-5036

*Fax:* (916) 689-4372

*Email:* ydperezp@delpaso.seta.net

*Contact:* Yolanda Diaz-Perez, Youth Specialist

### Type of leadership offered

Youth serve on adult board

Youth group/club – makes own decisions about its work

Leadership training

### Participation Requirements

Age: 14-18

Geography: Elk Grove school district

Other: At risk, economic need

### Organization Goals/Purpose

Develops work readiness skills, academic success, and leadership tools

## Employment Development Department

*Geography:* Sacramento

*Frequency of meetings:* weekly

*How are youth recruited?* walk-in or referrals from other agencies

### Contact Information

[www.edd.ca.gov](http://www.edd.ca.gov)

2901 50th St., Sacramento, CA 95817

*Phone:* (916) 227-0301

*Fax:* (916) 227-0208

*Email:* rswitzer@edd.ca.gov

*Contact:* Raylene Switzer, Program Manager

### Participation Requirements

Age: 15-21

School grade level: 9-12 grade or in college

### Organization Goals/Purpose

Provides service to youth to assist them in achieving their educational and vocational goals

# Fair Oaks Recreation and Park District

Community-Based Group

*Geography:* Fair Oaks Community

*Frequency of meetings:* monthly

*How are youth recruited?* application and interview by adult advisory board

## Contact Information

www.fairoakspark.org

4150 Temescal

Fair Oaks, CA 95628

*Phone:* (916) 966-1036

*Fax:* (916) 966-9863

*Email:* kcoss@fairoakspark.org

*Contact:* Katy Coss, Recreation Coordinator

## Type of leadership offered

Youth group/club – makes own decisions about its work

## Participation Requirements

Geography: Live or go to school in Fair Oaks

School grade level: 9-12

At-risk youth

Other: GPA 2.75 min. no Ds or Fs

## Organization Goals/Purpose

Plans community service special events for all sectors of the community

# Folsom Parks and Recreation

Community-Based Group

*Geography:* Folsom only

*Frequency of meetings:* monthly

*How are youth recruited?* Interested youth can apply by contacting the number; an application will be sent to them.

## Contact Information

www.folsom.ca.us

50 Natoma St.

Folsom, CA 95630

*Phone:* (916) 355-7366

*Fax:* (916) 351-5931

*Email:* slinnane@folsom.ca.us

*Contact:* Susanne Lianne, Recreation Supervisor

## Type of leadership offered

Youth group/club – makes own decisions about its work

## Participation Requirements

School grade level: high school

## Organization Goals/Purpose

Provides fund-raising help for middle-school teen center and implements activities for high school teens

# Friday Night Live/ Club Live

School-Based Group

*Geography:* Sacramento County Office of Education

*Frequency of meetings:* bi-monthly or weekly

*How are youth recruited?* schools & communities

## Contact Information

Sacramento County Office of Education, 10474 Mather Blvd.

P.O. Box 269003

Sacramento, CA 95826-9003

*Phone:* (916) 228-2418      *Fax:* (916) 228-2216

*Email:* jorrock@scoe.net

*Contact:* Joelle Orrock, Coordinator

## Type of leadership offered

All youth advisory group

Youth group/club – makes own decisions about its work

Leadership training

## Participation Requirements

School grade level: middle and high school

## Organization Goals/Purpose

Builds partnerships for positive youth development by engaging young people as active leaders and resources in their communities

# Global Youth Charter School

School-Based Organization

*Geography:* Sacramento and Placer counties

*Frequency of meetings:* daily (M-F)

*How are youth recruited?* Volunteer. Volunteers then vote on representatives.

## Contact Information

[www.centerusd.k12.ca.us/gy](http://www.centerusd.k12.ca.us/gy)

3243 Center Court Lane #37

Antelope, CA 95843

*Phone:* (916) 339-4689      *Fax:* (916) 339-4684

*Email:* addielellis@centerusd.k12.ca.us

*Contact:* Addie Ellis, Dean of Students

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Leadership training

Leadership class in a school during the day

Youth group/club – makes own decisions about its work

## Participation Requirements

School grade level: 9th and 10th (adding 11th/12th)

Other: Desire to learn and be active in community

## Organization Goals/Purpose

Provides students the opportunity to accelerate their high school career with a focus on community service and civic involvement

# Grants Advisory Board for Youth (GABY), Sacramento Region Community Foundation

Community-Based Group

*Geography:* Sacramento County and parts of Amador, El Dorado, Nevada, Placer, Solano, Sutter, Yolo and Yuba counties—approximately a one-hour drive from the Capitol.

*Frequency of meetings:* monthly with occasional weekend meetings

*How are youth recruited?* Application materials are available on the foundations' web site, and we conduct outreach to schools and youth programs

## Contact Information

[www.sacregcf.org](http://www.sacregcf.org)

740 University Ave., Suite 110

Sacramento, CA 95825

*Phone:* (916) 921-7723

*Fax:* (916) 921-7725

*Email:* [suzanne@sacregcf.org](mailto:suzanne@sacregcf.org)

*Contact:* Suzanne Mayes, Program Officer

## Type of leadership offered

All youth advisory group – reports to adult board

## Participation Requirements

Age: 12-19

## Organization Goals/Purpose

Provides youth with the opportunity to make decisions on allocation of funding that directly affects young people; teaches youth about community involvement and philanthropy and teaches meaningful skills

# La Familia Counseling Center

Community-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

*How are youth recruited?* Appointed by staff and selected by youth

## Contact Information

5523 34th St.

Sacramento, CA

*Phone:* (916) 452-7628

*Fax:* (916) 452-7628

*Email:* [anitab@lafcc.com](mailto:anitab@lafcc.com)

*Contact:* Anita/Jennifer Barnes/Peterson, Director/Manager

## Type of leadership offered

Youth serve on adult board

Youth group/club – makes own decisions about its work

Leadership class in a school during the day

Leadership training

## Participation Requirements

Age: 14-21

Geography: Sacramento

At-risk youth

## Organization Goals/Purpose

Provides input on youth programs and year-round activities; works with youth specialist to determine monthly calendar for employment related activities

# Mission Oaks Recreation & Park District

Government-Based Group

*Geography:* Carmichael area

*Frequency of meetings:* weekly

## Contact Information

www.morpd.com

3344 Mission Ave.

Carmichael, CA 95608

*Phone:* (916) 488-2810

*Fax:* (916) 488-4349

*Email:* dahlberg@morpd.com

*Contact:* Rooney Dahlberg, Supervisor of Recreation Services

## Type of leadership offered

Leadership class in a school during the day

Leadership training

## Participation Requirements

Age: 11-15

School grade level: 6-10th

Geography: Mission Oaks

## Organization Goals/Purpose

Builds leadership skills and trains staff to become paid staff

# Mutual Assistance Network, Youth Investment Center

Community-Based Group

*Geography:* Del Paso Heights

## Contact Information

www.mutualassistance.org

577 Las Palmas Ave.

Sacramento, CA 95838

*Phone:* (916) 286-7566

*Fax:* (916) 236-2145

*Email:* r\_melton@sbcglobal.net

*Contact:* Rebecca Melton, Program Manager

## Type of leadership offered

All youth advisory group – reports to adult board

Leadership training

## Participation Requirements

Geography: Del Paso Heights area

At-risk youth

Foster youth encouraged

## Organization Goals/Purpose

Advises Youth Investment Center on goals and objectives

# Rancho Cordova Parks and Recreation

Government-Based Group

*Geography:* Cordova Parks and Recreation District boundaries

*How are youth recruited?* Interviewed by staff and other parties

## Contact Information

www.CPRD.com

2197 Chase Dr.

Rancho Cordova, CA 95670

*Phone:* (916) 362-1841

*Fax:* (916) 362-9602

*Email:* CRPD@CRPD.com

*Contact:* Trish Lindvall, General Recreation Supervisor

## Type of leadership offered

All youth advisory group – reports to adult board

Youth group/club – makes own decisions about its work

Leadership class in a school during the day

## Organization Goals/Purpose

Provides programs, facilities, and opportunities for the community

# Random Acts of Kindness (RAK)

School-Based Group

*Geography:* greater Sacramento Region

*Frequency of meetings:* weekly

*How are youth recruited?* Anyone can join

## Contact Information

www.djusd.k12.ca.os/district

Davis High School 315 W. 14th St.

Sacramento, CA 95616

*Phone:* (530) 757-5400

*Fax:* (530) 757-5492

*Email:* dkimokeo@djusd.k12.ca.us

*Contact:* Deborah Kimokeo, Crisis Guidance Mgr.

## Type of leadership offered

Youth group/club – makes own decisions about its work

## Participation Requirements

School grade level: 10th -12th

## Organization Goals/Purpose

Encourages practice of kindness and good will in school and larger community

# Sacramento Children's Coalition

Government-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

*How are youth recruited?* Appointed by Board of Supervisors

## Contact Information

[www.communitycouncil.org](http://www.communitycouncil.org)

909 12th St. suite 200

Sacramento, CA 95814

*Phone:* (916) 447-7063

*Fax:* (916) 447-7052

*Email:* [sway@communitycouncil.org](mailto:sway@communitycouncil.org)

*Contact:* Sara Way, Program Manager

## Type of leadership offered

Youth serve on adult board

## Participation Requirements

Age: under 24

School grade level: high school sophomore- senior

Geography: resides, or attends school, in county

## Organization Goals/Purpose

Advises the County Board of Supervisors; assesses community needs, evaluates existing services, and makes recommendations to the Board and other policy-making bodies to promote the health and well being of children and families in Sacramento County

# Sacramento County Youth Commission

Government-Based Group

*Geography:* County of Sacramento

*Frequency of meetings:* monthly

*How are youth recruited?* Appointed by board

## Contact Information

[www.saccounty.net/commissions/youth-commission](http://www.saccounty.net/commissions/youth-commission)

909 12th St., Suite 200

Sacramento, CA 95814

*Phone:* (916) 874-5833

*Fax:* (916) 874-5833

*Email:* [mwatts@communitycouncil.org](mailto:mwatts@communitycouncil.org)

*Contact:* Michelle Watts, Program Coordinator

## Type of leadership offered

All youth advisory group – reports to adult board

## Participation Requirements

Age: 12-18 yrs and if appointed can stay until 21

## Organization Goals/Purpose

Serves as an advisory body to the Board of Supervisors on planning and policy issues related to youth issues

# Sacramento FACES

Community-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

*How are youth recruited?* Appointed by board

## Contact Information

5735 47th Ave, Box 758

Sacramento, CA 95824

*Phone:* (916) 643-9153

*Fax:* (916) 643-9455

*Email:* miles@Sac-city.k12.ca.us

*Contact:* Shireen Miles, President

## Type of leadership offered

Youth serve on adult board

## Participation Requirements

Age: 15-21

## Organization Goals/Purpose

Strives to make a measurable difference in the achievement gap by strengthening the assets of children, youth, and families

# Sacramento Food Bank & Family Services

Community-Based Group

*Geography:* Sacramento Valley

*Frequency of meetings:* weekly

*How are youth recruited?* Selected by staff

## Contact Information

[www.sfbs.org](http://www.sfbs.org)

3333 Third Ave.

Sacramento, CA 95817

*Phone:* (916) 456-1980

*Fax:* (916) 451-5920

*Email:* jrhine@sfbs.org

*Contact:* Jeremiah Rhine, Programs Director

## Type of leadership offered

Leadership training

## Participation Requirements

Age: 13 and up

## Organization Goals/Purpose

Assists those in need by alleviating their immediate pain and problems and by walking with them on their path toward self-sufficiency and financial independence.

# Sacramento Works Youth Council

Government-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

*How are youth recruited?* Referrals

## Contact Information

www.seta.net

925 Del Paso Blvd.

Sacramento, CA 95815

*Phone:* (916) 263-3866

*Fax:* (916) 263-5427

*Email:* christine@delpaso.seta.net

*Contact:* Christine Welsch, WorkForce Development Manager

## Type of leadership offered

Youth serve on adult board

## Organization Goals/Purpose

Supports the positive development of youth by creating a seamless system for youth in the community to become productive, caring, and civic-minded adults

# San Juan Unified School District, WIA

School-Based Group

*Geography:* school district

## Contact Information

4640 Orange Grove Avenue

Sacramento, CA 95841

*Phone:* (916) 971-7395

*Fax:* (916) 971-7401

*Email:* sbrown@sanjuan.edu

*Contact:* Stacey Brown, Supervisor

## Type of leadership offered

Youth group/club – makes own decisions about its work

## Participation Requirements

Age: 14-18

## Organization Goals/Purpose

Provides support to youth to be successful in their educational and vocational goals

# Western Placer USD After-School Program

School-Based Group

*Geography:* School district

*How are youth recruited?* Appointed by staff, self involvement or parent involvement

## Contact Information

510 J St. Lincoln, CA 95648

*Phone:* (916) 645-5135

*Fax:* (916) 645-5136

*Email:* rigaamy@wpusd.k12.ca.us

*Contact:* Amy Riga, After School Coordinator

## Type of leadership offered

Youth group/club – makes own decisions about its work

## Participation Requirements

School grade level: 1st-8th

Geography: school site

## Organization Goals/Purpose

Provides students with academic support, enrichment, and recreation activities

# YouthWorks Sacramento County: DHHS

Government-Based Group

*Geography:* Oak Park, William Land Park

*Frequency of meetings:* Daily

## Contact Information

[www.sacdhhd.com/youthworks](http://www.sacdhhd.com/youthworks)

3415 Martin Luther King Blvd.

Sacramento, CA 95817

*Phone:* (916) 875-2965

*Fax:* (916) 875-2921

*Email:* hubbard@saccounty.net

*Contact:* Dennis Hubbard, Recreation Specialist

## Type of leadership offered

Youth serve on adult board

All youth advisory group – reports to adult board

Youth group/club – makes own decisions about its work

Leadership class in a school during the day

Leadership training

## Participation Requirements

Age: 12-18

Geography: zip codes 95814, 95816, 95817,  
95820

## Organization Goals/Purpose

Fosters the development of academic and other skills necessary for future employment

# Youth leadership training resources

### **www.californiacenter.org**

The California Center for Civic Participation trains youth around policy making processes, especially state level policy. They also offer training for youth leaders through their Capitol Focus program, Political Discovery program (for 8th graders), and summer institutes for youth from around the state. Each program is offered at various times throughout the year. The Center also offers a year-long leadership program for high school youth in the region and helps schools set up youth action leagues. Jim Muldavin, (916) 443-2229, muldavin@californiacenter.org

### **www.CASC.net**

California Association of Student Councils (CASC) provides training to junior high and high school youth who serve on student government or who are interested in leadership roles. The trainings are offered at various times around the state. Annual conferences are also planned. (510) 834-2272

### **www.YLI.org**

Youth Leadership Institute (YLI) builds communities where young people and their adult allies come together to create positive social change. The YLI designs and implements community-based programs that provide youth with leadership skills in the areas of drug and alcohol abuse prevention, philanthropy, and civic engagement. Building on these real-world program experiences, YLI creates curricula and training programs that enable them to foster social change efforts across the nation, all while promoting best practices in the field of youth development. (415) 836-9160

### **www.leed.org (look under Youth Development)**

LEED's Youth Services Provider Network offers training for youth and adults on setting up peer programs (conflict mediation, peer educators and peer advocates), being a youth advisory board member, being a leader, consensus building, facilitation, project planning, and building youth and adult partnerships. The YSPN also offers their Youth Development Institute (YDI). The YDI is a 50-hour training for adults on youth development principles and practices. The YSI also includes follow-up organization coaching. For information on the YDI, contact Adrian Ruiz, (916) 308-7082. For all other YSPN-related questions, contact Andy Paul, (916) 231-5333.

### **www.youthinfocus.net**

Youth in Focus trains teams of youth to be researchers in their community and then to take social action based on their research findings. They have supported Freedom Bound Center in Sacramento as well as the Youth as Active Citizens project (YAC) in the Sacramento City Unified School District SCUSD. (530) 758-3688

## **www.pyli.org**

Prudential Youth Leadership Institute (PYLI) is a project under the Points of Light Foundation. The PYLI has excellent curriculum to train teams of youth on how to implement community service projects. The PYLI also trains local trainers who then train youth on how to implement the project, which is also developed by the youth. Email: [pyli@pointsoflight.org](mailto:pyli@pointsoflight.org)

## **www.cpyinc.org**

This organization offers training and curriculum to organizations and youth about the role of youth as trustees and partners in the government process. They have good training materials for youth who serve on boards as trustees. (317) 875-5756, or e-mail [thejourneyemail@aol.com](mailto:thejourneyemail@aol.com)

# **Leadership conferences**

Various groups in Sacramento annually offer short youth leadership conferences. These include:

- African American Youth Leadership Program (AAYLP), a division of the Research and Policy Institute of California, offers annually a weeklong conference at no cost to those African-American 10th and 11th graders whose applications are selected. (916) 441-3967
- The Chicano Latino Youth Leadership Project, Inc. (CLYLP) offers an annual weeklong conference at no cost to those Chicano or Latino 10th and 11th graders whose applications are selected. (916) 446-1640, [www.clylp.com](http://www.clylp.com)
- The Asian Pacific Youth Leadership (APYLP) offers an annual weeklong all-expense paid conference to Asian and Pacific Islander juniors and seniors whose applications are selected. (916) 497-0776, or e-mail [info@apylp.org](mailto:info@apylp.org).
- Oak Park Multi Services Center youth leadership camp. This is a free youth-run camp offered in June that teaches youth leadership skills. For further information contact Marilyn McGinnis at (916) 875-2979.
- American Leadership Forum (ALF) Teen Leadership Camp. This camp was created by ALF, an adult leadership program, specifically for teens. The camp takes 25 youth to a weekend leadership camp to examine leadership and diversity. ALF adult alumni attend the camp as well to support and connect with the youth participants. For further information contact Bina Lefkovitz at (916) 231-5333 or Jay Schenirer at (916) 752-3609.

# Leadership training within national youth leadership organizations

- 4H offers several statewide conferences for youth who are 4H members. Contact Marianne Bird, 4H Youth Development Advisor, at (916) 875-6811.
- Boy Scouts and Girl Scouts also offer leadership training for youth in their programs. For further information contact the following:
  - Girl Scouts—(800) 322-4475
  - Boy Scouts—(800) 427-1417
- Friday Night Live also provides leadership training for its Friday Night Live clubs at area high schools and middle schools. Contact Joelle Orrock at (916) 228-2418.

## Web and Other Resources

### **[www.theinnovationcenter.org](http://www.theinnovationcenter.org)**

#### **Innovation Center for Community and Youth Development**

The Innovation Center seeks out new and innovative practices on the local level, develops and studies them, and then shares them to foster the growth of successful youth development strategies

### **[www.atthetable.org](http://www.atthetable.org)**

#### **At the Table**

A website sponsored by The Innovation Center and 4-H to provide a forum where youth and adults can share practices, news, and research

### **[www.youthonboard.org](http://www.youthonboard.org)**

#### **Youth On Board**

An organization concerned with youth participation in decision-making. High-quality materials and practices. Much of their material is for sale, but there are lots of links to good free resources also.

### **[www.whatkidscando.org](http://www.whatkidscando.org)**

#### **What Kids Can Do (WKCD)**

A national not-for-profit organization founded in 2001 for the purpose of making public the voices and views of adolescents. On its website, WKCD documents young people's lives, learning, and work, and their partnerships with adults both in and out of school.

WKCD also collaborates with students around the country on books, curricula, and research to expand current views of what constitutes challenging learning and achievement.

### **[www.youthactivism.com](http://www.youthactivism.com)**

An excellent resource center for youth and adult allies for helping youth become agents of change. The website contains excellent resources, including ideas for recruitment and outreach.

### **[www.ydsi.org](http://www.ydsi.org)**

#### **Youth Development Strategies, Inc. (YDSI)**

This is the website of the organization led by Michelle Gambone, a leading youth development researcher and co-developer of the youth development framework used by the YSPN's Youth Development Institute. Publications document links from youth development supports and opportunities to improved outcomes for youth. The website contains substantial research basis for youth development practice.

### **[www.cnyd.org](http://www.cnyd.org)**

#### **Community Network for Youth Development (CNYD)**

Based in San Francisco, CNYD offers support, training and capacity building resources to youth-serving organizations and programs throughout the state and nation. The website contains information on best practices, youth development research and upcoming workshops.

### **[www.nww.org](http://www.nww.org)**

New Ways to Work offers excellent materials on involving youth in Youth Councils. Funded by the Workforce Investment Act (WIA).

### **[www.nydic.org](http://www.nydic.org)**

The National Youth Development Information Center offers a data base of more than 1,000 abstracts, articles, and reports on youth development.

### **[www.nylc.org](http://www.nylc.org)**

The National Youth Leadership Council is dedicated to supporting communities and schools in engaging youth in leadership and service. This site offers great research and links to the national service-learning web sites and national youth leadership training opportunities.

### **[www.wsysn.org](http://www.wsysn.org)**

Western States Youth Services Network is a federally funded technical assistance provider for runaway and homeless youth programs. They annually co-sponsor a youth leadership and advocacy conference in Sacramento. They provide training around community youth development, training for youth development practitioners, such as Advancing Youth Development, and also training around the Institute of Cultural Affairs facilitation methods.

### **[www.forumforyouthinvestment.org](http://www.forumforyouthinvestment.org)**

Excellent articles on research in the field of youth development, youth action, civic engagement and school reform. The Forum works at the national level to be a strong voice for the Youth Development Approach. The Forum's president is largely responsible for raising the level of awareness of this approach at a national level.

### **[www.gardnercenter.stanford.edu](http://www.gardnercenter.stanford.edu)**

The John Gardner Center at Stanford University is dedicated to promoting community youth development through bridging research and practice, supporting community action, and sharing what works. The Gardner Center works closely with three communities in the San Francisco Bay Area, helping these localities build the infrastructure needed to serve youth better by creating alliances among community leaders, schools, organizations, and youth. The center also produces research for the field using Stanford faculty and student resources.

### **[www.search-institute.org](http://www.search-institute.org)**

A national organization that promotes the 40 developmental assets through training, publications, national awareness building, community surveys and technical support to communities who are interested in promoting the 40 assets approach.



**SIERRA HEALTH FOUNDATION**

*An Endowment for Northern California*

Sierra Health Foundation  
1321 Garden Highway  
Sacramento, CA 95833  
916-922-9477  
[reach@sierrahealth.org](mailto:reach@sierrahealth.org)  
[www.reachyouthprogram.org](http://www.reachyouthprogram.org)  
[www.sierrahealth.org](http://www.sierrahealth.org)

