

Webinar: Improving Community Wellness Through Collaboration

ILG Webinar
February 23, 2016
11:00AM-12:00PM



INSTITUTE FOR
LOCAL GOVERNMENT
FOUNDED 1955

Have a question for our panel?

- Please type your questions into the question box at any time during the webinar.
- We will read your questions during the question period at the end of the webinar.



The Institute for Local Government

**ILG is the non-profit
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affiliate of**



**California Special
Districts Association**

Districts Stronger Together

ILG Mission

- Promoting good government at the local level
- Practical, impartial and easy-to-use materials



What Will You Learn More About Today?



- County and city experiences in working with different agencies to obtain a shared vision or goal
- The benefits of collaboration and partnerships
- Best practices and lessons learned in the collaborative process

Stretching Community Dollars

- Local leaders grapple with a variety of community development and public health challenges as they craft and approve policies impacting children and families, including:
 - Healthy Eating-Active Living
 - Violence Prevention
 - Safety
- Local governments are harnessing partnerships and collaborations to effectively and efficiently deliver services and leverage existing human and financial resources.



Speakers

Robb Davis, Mayor Pro Tempore, City of Davis

Christi Fee, Family and Consumer Advocacy
Program Manager, NorCal Mental Health America,
Children and Adult System of Care, Placer County

Richard Knecht, Director, Children's System of
Care, Placer County

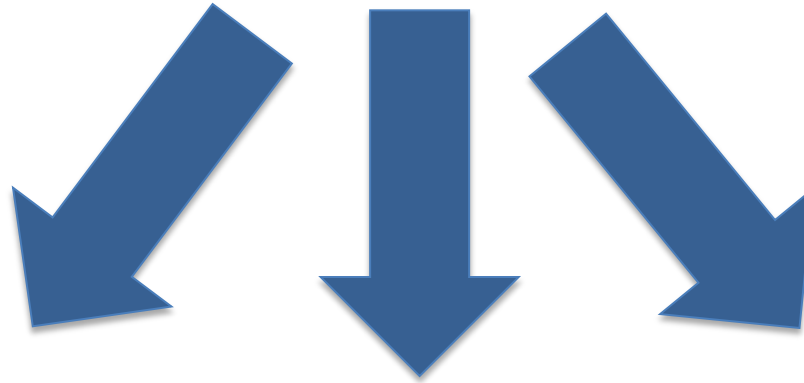
Moderator

Randi Kay Stephens, Program Coordinator,
Institute for Local Government

Community Wellness: Improving Physical and *Social* Health in Davis, CA

(Two examples)

Improving Physical Health

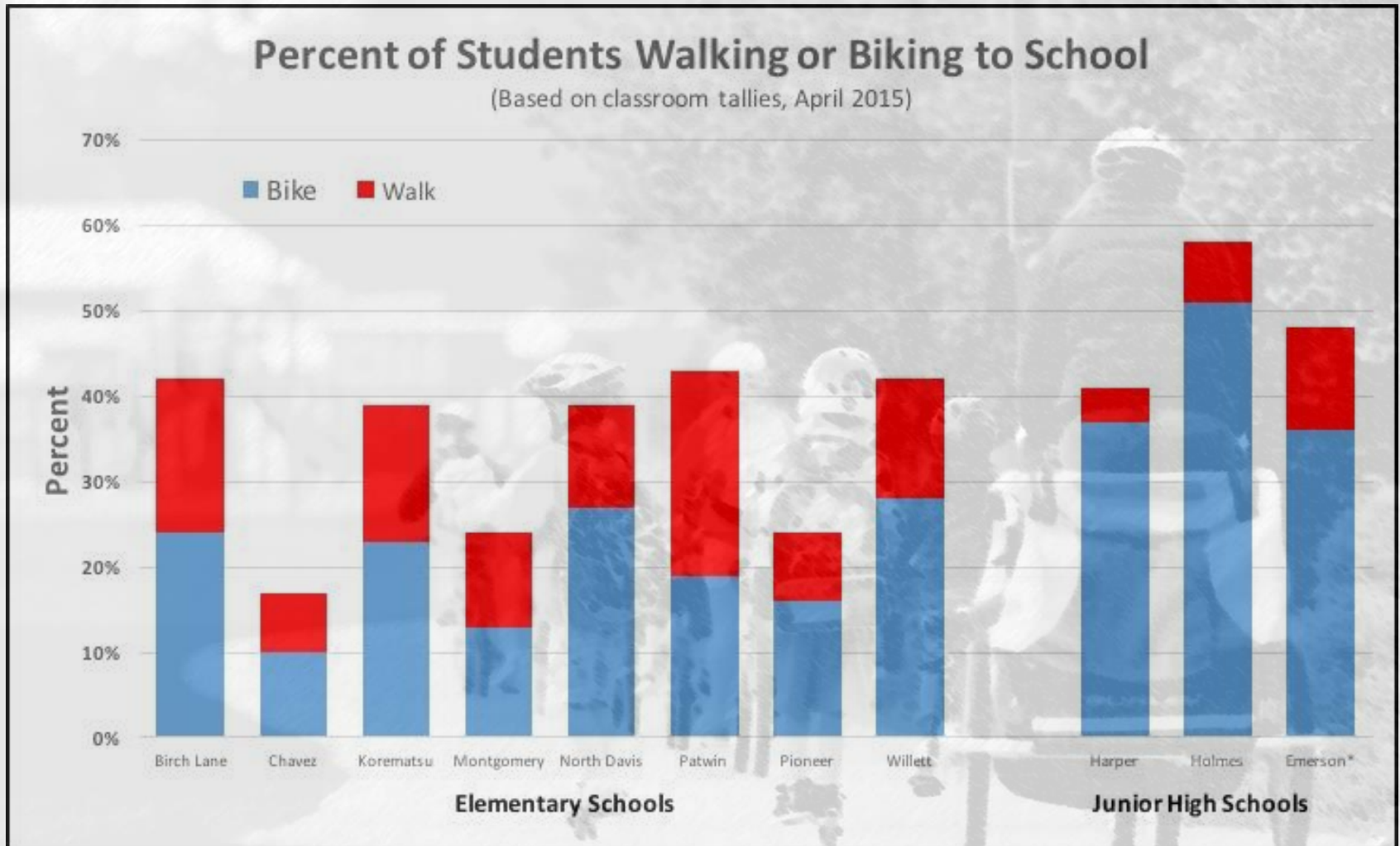


***Promoting
Physical
Activity***

**Reducing
Sugary
Beverage
Consumption**

**Protecting
Vulnerable
from Effects of
Smoking**

Promoting Physical Activity:



School Bike/Walk Audits



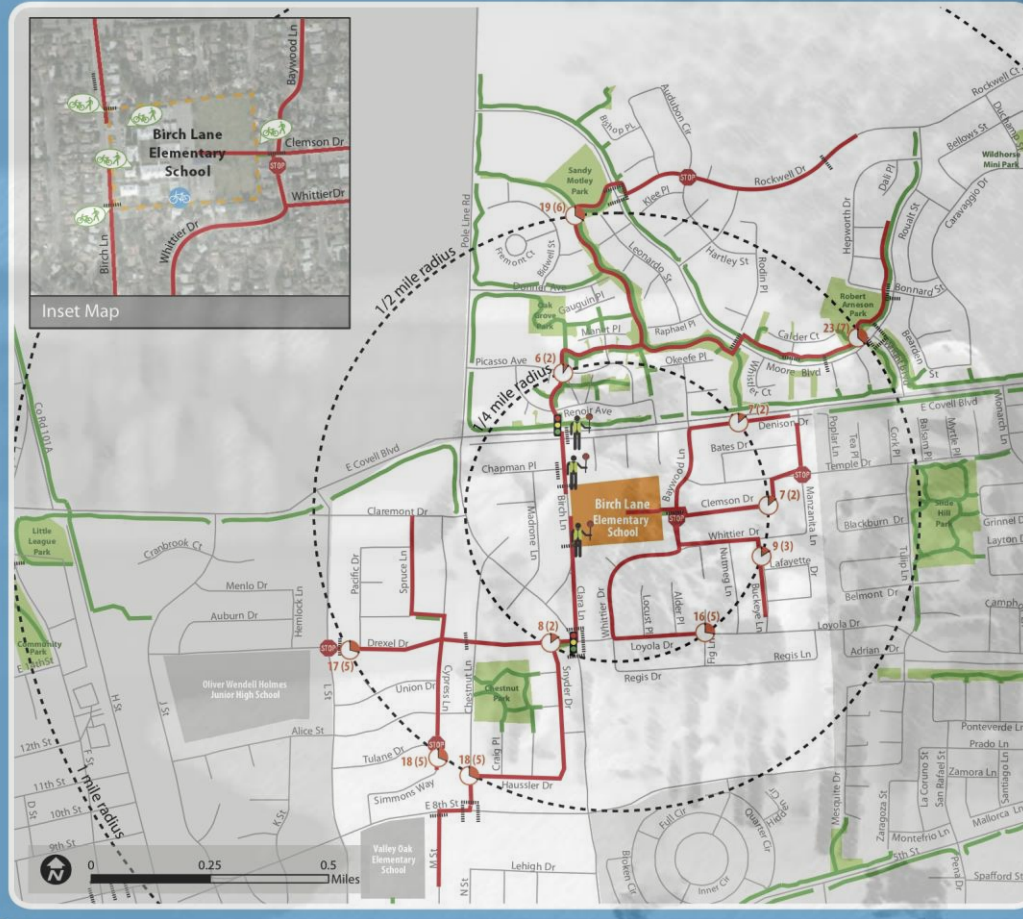
**Programmatic
Uses**



**Planning
Uses**

Audit Programmatic Uses

Birch Lane Elementary: Suggested Walking and Biking Routes



How to Use This Map

This suggested route to school map is intended to encourage adults and students to consider walking or bicycling to school. Adults are responsible for choosing the most appropriate option based on their knowledge of the different routes and the skill level of their student.

This map includes suggested routes as well as the locations of traffic signals, crosswalks, four-way stops, crossing guards, and off-street paths.

To see routes and areas beyond this map please visit: <http://street-smarts.cityofdavis.org/>

Drop-Off and Pick-Up Information:

We strongly encourage students to walk or bike to school. Students riding bikes must wear a helmet. You must bring your own lock and lock your bike at the designated bike racks. All riders must dismount and remember to always walk bikes once they are on campus.

- Students may be dropped off and picked up in front of the school on Birch Lane or at the back of the school on Baywood Lane.
- Always use marked crosswalks when crossing the street.
- Crosswalks are south PAST the kindergarten yard and on the north at the arboretum.
- Observe the three minute loading zone and do not leave your car.
- Please do not enter the school parking lot to drop-off or pick-up students!
- Do not double park. This poses a threat to children's safety when getting in and out of vehicles.
- Please be considerate of neighborhood driveways and avoid parking in red zones.
- U-Turns may not be made on Birch Lane, and cars may be cited and ticketed.
- Pedestrians should not cut across the parking lot.

LEGEND

- Suggested Route (Walking and Biking)
- Est. Walking Time (Biking Time)
- Crossing Guard Location
- Marked Crosswalk
- Pedestrian and Bicycle Access
- Multi-use Path
- Bicycle Parking
- Traffic Signal
- All-Way Stop
- Enrollment Area
- Parks and Open Space
- School

Audit Planning Uses

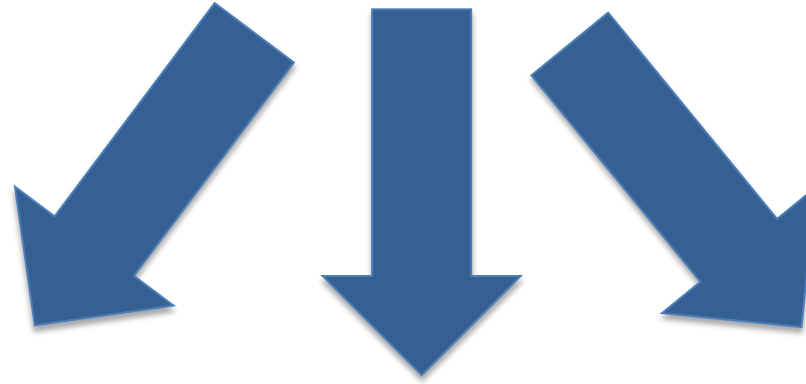


Birch Lane Elementary Improvement Plan

- Birch Lane School Grounds**
 - Upgrade bike parking to meet current City parking type and spacing standards, provide a minimum of 310 bicycle parking spaces, provide visitor bicycle parking
 - Add 25-30 skate and scooter racks
 - Construct sidewalk extension from northern crosswalk to southern parking lot driveway on to school property
 - Restripe crosswalks at driveways as yellow high visibility and install tactile domes
 - Stencil "LOOK" with arrows at fire lane/bicycle exit from school
 - School district and City collaborate to explore opportunities to improve and develop concept plan to enhance Birch Lane path to accommodate users
- Birch Lane at East Covell Boulevard**
 - Permit bike access from northeast access point
 - Create a gentler grade at entry for southbound bicycle crossing across Covell Blvd
 - Provide wayfinding from and to path
 - Restripe and add bike intersection markings with green
 - Restripe "KEEP CLEAR" stencil on Birch Ln, couple with bike lane at intersection to better position bicyclists
 - Restripe crosswalk in east leg as high-visibility yellow
 - Construct CA HDM-compliant pedestrian refuge in crosswalk between East Covell Blvd and Denison Dr
 - Increase signal time for bicycle phase; Increase signal time for pedestrian phase to 3.5ft per second
 - Ensure bicycle detection working for all directions
- Birch Lane at Denison Drive**
 - Designate Denison Dr from Pole Line Rd to Poplar Lane, as an enhanced bikeway
 - Construct curb extensions in southwest & southeast corners
 - Stripe high-visibility yellow crosswalk on south leg
 - Install Assembly A signage southbound on Birch Ln
- Birch Lane at Chapman Place**
 - Restripe crosswalk yellow high-visibility, install curb ramps at both ends
- Birch Lane Mid-Block Crosswalks**
 - Install Assembly D signage in advance of mid-block crosswalks
 - Refresh existing "SLOW SCHOOL XING" markings
 - Restripe both crosswalks as high-visibility yellow
 - Construct curb extensions both crosswalks
 - Repaint red curbs along east side of Birch Lane with non-slip paint
- Birch Lane**
 - Stencil green backed Shared Lane Markings on Birch Lane from Chapman Place to Clara Lane; place markings to provide southbound wayfinding to Clara Lane
- Birch Lane at Clara Lane**
 - Construct curb extension on northern corner, retain adjacent driveway access
 - Stipe high-visibility yellow crosswalks with curb ramps
 - Stipe red curb at south corner and prohibit parking to improve visibility
 - Repare Birch Lane/Clara Lane along gutter seam to eliminate cracks and bumps
- Pole Line Road at Birch Lane**
 - Restripe crosswalks as high-visibility yellow and install tactile domes
 - Install Assembly D signage in advance of crossing
- Pole Line Road at Loyola Drive**
 - Provide wayfinding
 - Construct curb extension in northeast corner with wide southern curb ramp
 - Reconfigure bicycle push buttons at northeast corner
 - Restripe existing crosswalks as high-visibility white
 - Replace existing "No Right Turn on Red" sign with brighter LED sign
- Baywood Lane at Clemson Drive**
 - Reduce turning radii at north and south eastern corners
 - Stipe high-visibility yellow crosswalks on north and east legs of intersection
 - Stipe advance stop bar on north leg of intersection
 - Stencil "STOP" on east and south legs of intersection
 - Stipe red curb on north and south eastern corners to improve visibility
 - Replace Assembly D signage with Assembly A on Baywood Lane



Improving *Social* Health: a Restorative City(?)



***Sponsoring
Neighborhood
Courts (DA)***

**Promoting
Mediation and
Community
Dialogues**

**Utilizing
Alternative
Dispute
Resolution
(Police)**

Sponsoring Neighborhood Courts



**Making the
Harms
“Right”**

**Identifying
Systemic
Problems**



Neighborhood Court May Work for You

QUICK RESOLUTION - NO CONVICTION ARREST RECORD SEALED

Neighborhood Court is a pre-charging diversion program based on the principles of RESTORATIVE JUSTICE.

NOTICE! You only have two weeks from the date of arrest to request Neighborhood Court!

contact the DA's office and learn about this program. If you are eligible and you fully participate, your case will be closed and you will not have a conviction. To determine your eligibility,

EMAIL neighborhoodcourt@yolocounty.org or

CALL (530) 681-6323

(Please leave a phone number if you get voicemail)

For more information, go to www.yoloda.org/nc

You MUST appear at the court date on your citation if you do NOT fully participate in neighborhood court.

Neighborhood Court is a project of the Yolo County District Attorney's Office.

Identifying Systemic Problems

PROBLEM STATEMENT

- Downtown abandoned by 30+'s
- VCD doesn't publish rape data
- University covering eyes/ears
- Not attention being paid
- Not enough resources
- Kids are gonna drink
- University profits but doesn't pay
- Student Body ignoring/ignorant of impact of alcohol
 - \$ legal consequences
 - education
 - SJA fees??
 - jobs/loans
 - charge it w/

Frank + behavior - violation - career

other than moving to other or parking lot

POSSIBLE SOLUTIONS

- More media attention to ↑ community knowledge
- Feels clean
- Enjoyable physical/ambiance
- Vibrant
- Policing to manage sex assault
- Legal opinion about liabilities for public nuisance
- Political problem
- Publicize stats
- Meet w/ Staff for Student Involvement
- Greek Advisors
- ASUCD Leaders
- Grad School Association

More Spread Out

- Feeling of safety
- Bar owners take resp. for problems
 - Avoid incentives to binge
- Pay toilets a.k.a SF
- Toilet trucks by bar owners for weekend
- More available food
 - food trucks (dessert truck)
- Mix of ages
- Bar tax
- VCD step up w/ financial contribution
 - educational
- Peer age peeps downtown - diffuse situations
- "event managers" "hosts"
 - Welcome Wk, Picnic Day

Required education etc, drug, being part of admin. - b/c courtesy

Bar responsibility

Involve bars

St. Mary's

Robb Davis
Mayor Pro Tempore
City of Davis

RDavis@cityofdavis.org

Public Private Collaboration in
Placer County's Children's Services
Campaign for Community Wellness

CHRISTI FEE
RICHARD KNECHT
FEBRUARY 2016



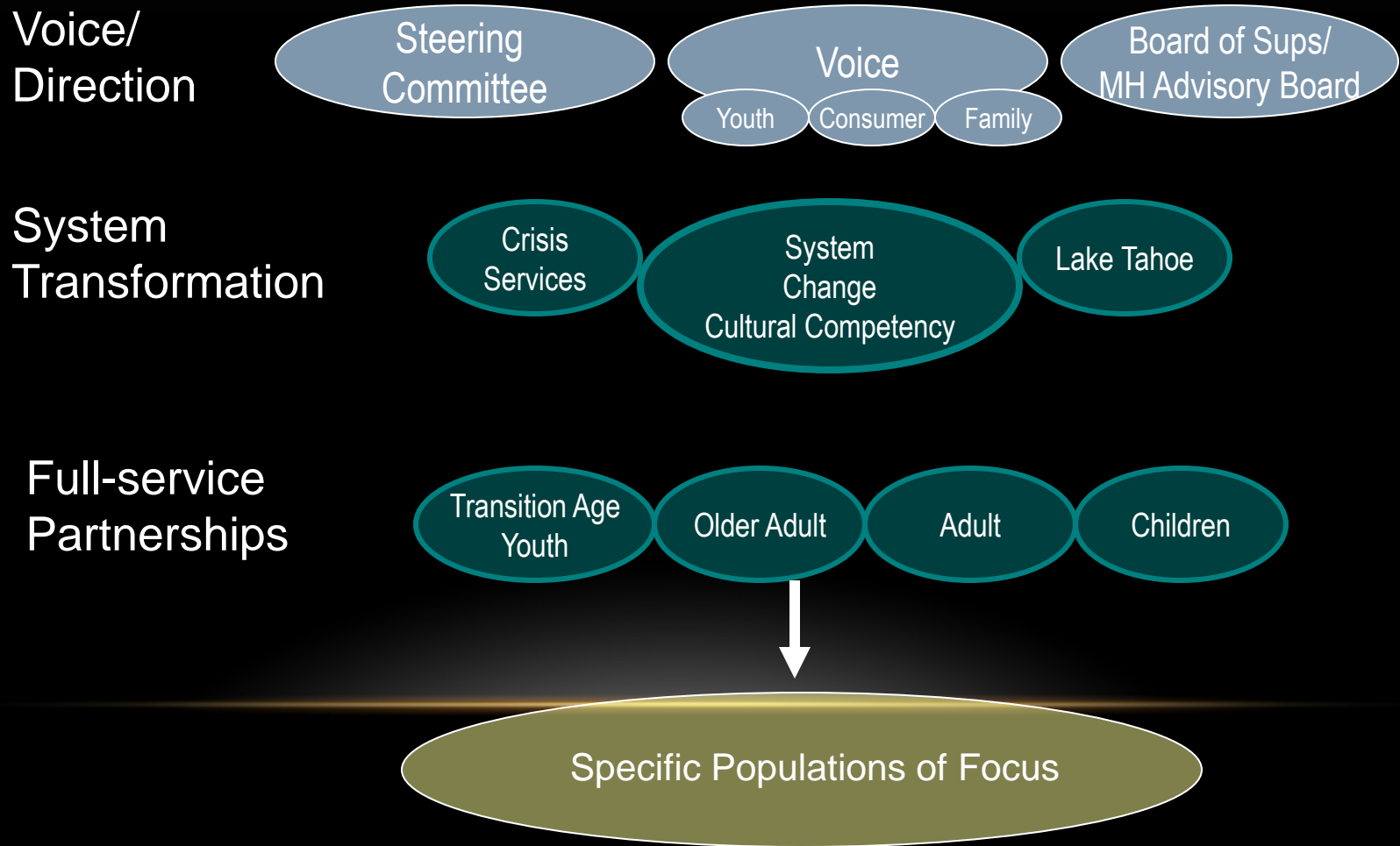
A LITTLE HISTORY— PLACER COUNTY'S CHILDREN'S SERVICES MODEL

- Fully Integrated; Multi Departmental Collaborative; unique in Western U.S.
 - Blends Child Protection, Foster Care, Mental Health, Foster Education, Juvenile Justice and Substance Abuse
 - 26 Year History of Collaborative Practice
 - 88,000 Minors, 333,000 Total Placer Residents
 - 9,000 Children and Families Served Last year
-

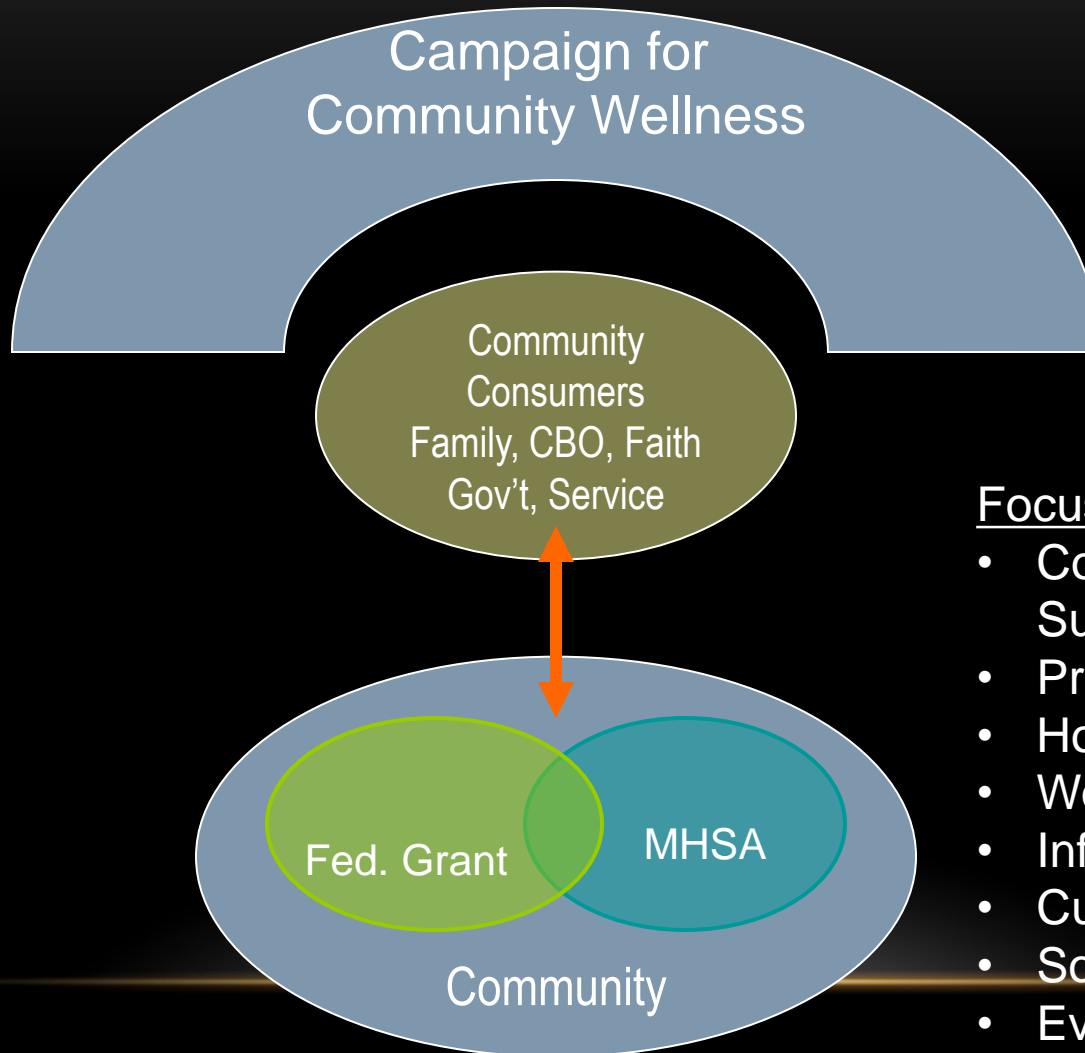
WHILE COLLABORATIVE PRACTICE IS WELL UNDERSTOOD IN PLACER, PROP. 63 BROUGHT NEW OPPORTUNITIES.

- Mental Health Services Act-- Planning began in earnest in 2005, required all counties to convene a Community Planning effort.
- MHSA planning mandate evolved quickly to *Campaign for Community Wellness*.
- Monthly, consumer lead, community-centric planning and evaluation process for most of Placer's Mental Health Services. (Tri-annual Requirement)

EARLY ELEMENTS OF THE CAMPAIGN



EARLY CCW ARCHITECTURE



Focus areas:

- Community Services & Supports
- Prevention
- Housing
- Workforce
- Infrastructure (IT)
- Cultural Competency
- Social Marketing
- Evaluation

CONSUMER ROLE

- I am one of the many faces of what a collaborative partner looks like in Placer
 - The parent of a child who received public mental health services
 - NorCal Mental Health America is a non-profit contracted with the Children's and Adult Systems of Care to deliver **consumer advocacy and support** to clients
 - We employ people with **personal experience** navigating public services (mental health, probation, child welfare, and special education)
 - 70 peers in Placer including Cultural Brokers who support the Native American and Latino community
-

CCW WAS WORKING OK...

- 2008-More money and more rules at state, and an ever increasing desire in Placer to relocate the “locus of control” to the community and share the process.
- Which of course, lead to some confusion and consternation.
- So we focused on our strengths and got resourceful and reached out for help...
- External Consultant lead 1 year journey to greater clarity. (2011)
- Four Sub Groups and Move of **Decision Making** to Community Lead “Leadership Team”

- **Four Community-Centric committees and A Leadership Team:**

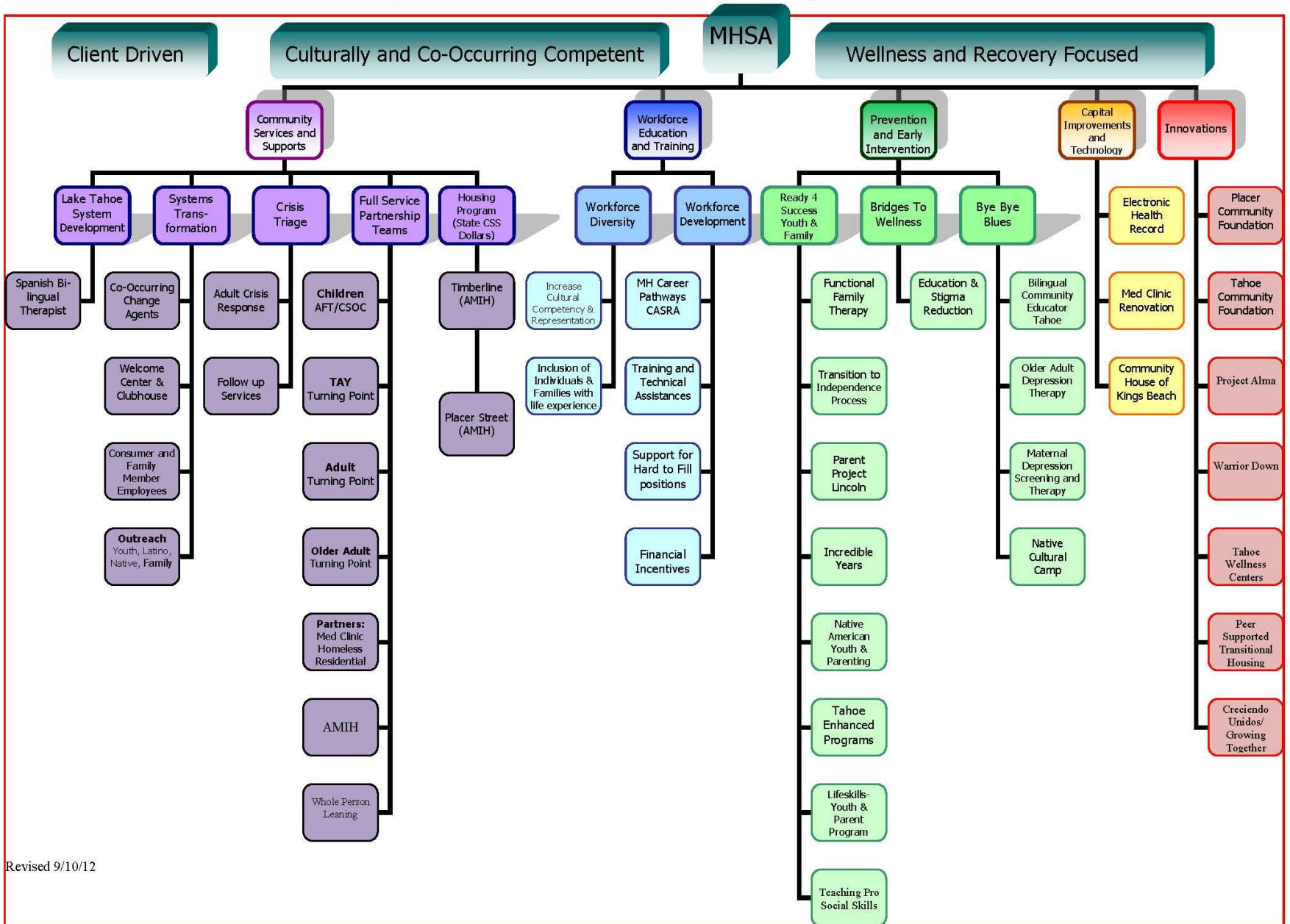
- Promote Mental Health Awareness
- Outreach and Stigma Reduction
- MHSA Implementation
- Workforce, Education and Training(WET)
- *2 Mental Health Authority Reps.*
- *Campaign Facilitators—(Consumers/Lived Experience)*

PLACER COUNTY

CAMPAIGN FOR COMMUNITY WELLNESS DASHBOARD

| | We're Better off.... | Committee | Survey Method | Outcome | Responsible Team Member | | | |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------------------------------|---------------------------|-------------------------|----|----|----|
| 1 | % of people at Semi-Annual events, requesting additional information | Outreach and Stigma Reduction | Semi-Annual Event | 24 (May 2013) | Jen Price | | | |
| 2 | # of new e-current subscribers | Outreach and Stigma Reduction | Currents Database | 40 (July 2012)? Cindy? | Jen Price | | | |
| 3 | # who participate in Learning Conversations at CCW meetings | Promoting Mental Wellness | CCW Sign In Sheets | 226 | Anno Nakai | | | |
| 4 | % of CCW participants who report increased understanding of MHSA values and principles | Promoting Mental Wellness | Learning Conversations Surveys | 79% | Anno Nakai | | | |
| 5 | % of MHSA programs reporting they feel helped/supported by CCW | MHSA Implementation | Survey 03/14 | 100% | Janice Leroux | | | |
| 6 | #/% of MHSA programs who met MHSA goals/objectives | MHSA Implementation | Agency Reports | 40/44 (90%) | Janice Leroux | | | |
| 7 | #/% of organizations completing the WET training survey | Workforce, Education and Training | Survey (2/13) | 33 | Lisa Sloan | | | |
| 8 | #/% of requests for additional Speakers Bureau presentations and/or interest in participating in the Speaker's Bureau after the initial presentation. | Workforce, Education and Training | Quarterly Monitor | | Lisa Sloan | | | |
| | | | | 9 | | 11 | 12 | 13 |
| | | | | | | | | |

Placer County Mental Health Services Act Components FY12-13



SYSTEM ENHANCEMENTS

- 15,000 Residents reached with early interventions or prevention services
- 30 Non Profits with new or enhanced funding
- Cost Avoidance to County of approximately 2M per year
- Active and consistent participation by consumers and CBO partners in ongoing design and implementation of Mental Health programs.
- Enhanced access to care





CONSUMER ROLE IN ACTION

- Mental Health Services Act helped set the stage by requiring that consumers are part of the design of mental health services
 - Campaign for Community Wellness Meeting facilitator
 - Campaign for Community Wellness committee member
 - Children's System of Care contracted provider
 - Direct services to clients
 - Policy and Program Design
 - Management team member
-

MEMBER REFLECTIONS...

- “I’ve participated in these meetings on and off for 12 years and I have never seen people participate with pride and dignity that I see now.”
- “The opportunity is amazing....to have community and County and service providers deciding how services are delivered...really bringing voices like ours to the process.”
- “Consumers feel heard”

WHY COLLABORATIVE PRACTICE?

- Shared Vision and Mission
 - Shares Risk
 - Destigmatizes Services
 - Increases Accessibility
 - Uncovers New Resources
 - Empowers Consumers
 - Leverages/Extends Public Funds
- 

Essential Tools for Partnership: Building successful Community-Lead Process

- Listening skills
 - Relational skills
 - Patience
 - Interpersonal Trust
 - Conflict Management Skills
 - Understanding
 - Teamwork Skills
 - Facilitation skills
-

GOVERNMENT MUST BE ABLE TO...

- Identify Stakeholders and invite partnership
 - Empower and engage a diverse community
 - Trust your consumers
 - Yield Power, while sharing authority (“Power with, not power over”)
 - Create intolerance for “us and them” thinking. (Shared Intentions and Goals)
-

Contact:

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cfee@placer.ca.gov

Q&A



Upcoming 2016 Webinars

- Healthy eating and active living
- Violence prevention & safety

Special thanks to



KAISER PERMANENTE®

Materials & Resources

Stretching Community Dollars Guidebook

www.ca-ilg.org/resource/stretching-community-dollars-guidebook

Shared Services and Joint Use

www.ca-ilg.org/shared-services-and-joint-use

Community Schools Partnership

www.ca-ilg.org/community-schools-partnerships

Campaign for Community Wellness:

www.campaignforcommunitywellness.org/



- Short survey to follow
- Slides and materials to be posted on ILG's website and email with link sent out
- If you have additional questions, please contact Randi Kay Stephens at rstephens@ca-ilg.org