

City of Inglewood



Fun in the Sun

Eat Wise, Stay Fit

Mini-Health Fair



Participating Agencies

Cal State University Los Angeles – School of Nursing

Children's Hospital of Long Beach

Clear Gardens Yoga Studio

Council of Black Nurses

Inglewood Unified School District- Food Services

Kaiser Permanente

L.A. Care

Parks, Recreation and Library Services Department

South Bay Care Network

TreePeople

Westchester Dental Care

**For more information call
(310) 412-8750**

**Thursday, August 9th
11:00 a.m. to 3:00 p.m.**

Darby Park

3400 West Arbor Vitae

EVENT HIGHLIGHTS

Free Lunch for Children 18 and under
(Served from 12:30 p.m. – 1:30 p.m.)

Wellness Information

Community Resources

Blood Pressure Screening

Fitness Demonstrations

Yoga, Zumba, Martial Arts, Cooking and Gardening

Children's Activities

Arts and Crafts, Sack Races, and Face Painting



**National Recreation
and Park Association**

